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**FISCAL YEAR 2002  
CHILD AND ADULT CARE FOOD PROGRAM  
OPERATIONAL MEMO #8**

**TO:** Child and Adult Care Food Program Sponsors

**FROM:** Peggy Pawelek Brown, Manager  
Food and Nutrition Program

**DATE:** February 20, 2002

**SUBJECT:** Mealtime Memo for Child Care

Enclosed are three issues of the *Mealtime Memo for Child Care*. The titles are AChoose Vegetables Every Day,@ ASpecial Needs Care for the Young Child,@ and ANutrition and Cognitive Development.@ These issues will be available in Spanish at [www.nfsmi.org](http://www.nfsmi.org) in early 2002. We hope that they will be useful in your work with your child care program.

Developed by the National Food Service Management Institute, this publication reinforces the importance of the Food Guide Pyramid and emphasizes that physical activity will help children grow healthy. Subsequent issues of the *Mealtime Memo for Child Care* will be provided when published.

If you have any questions regarding this publication you may contact the Child and Adult Care Food Program staff at (517) 373-7391.

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